

WHY USE HOMEOPATHY IN SUPPORTIVE CARE IN ONCOLOGY?

- No toxicity, no drug interaction¹
- Helps conventional cancer treatment in terms of tolerance, hence observance²

SUPPORTIVE CARE CHEMOTHERAPY PROTOCOL



Clinical practice recommendations³

NAUSEA

In addition to the usual antiemetic protocols

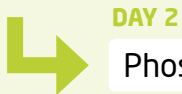
- Nux vomica 5 CH** • 3 pellets 3 times a day
- IF NAUSEA PERSISTS** → **Ipeca 9 CH** • 3 pellets 3 times a day
- IF NAUSEA IS TRIGGERED BY SMELL** → **Colchicum 9 CH** • 3 pellets 3 times a day

FATIGUE

A 4 day treatment, to start as soon as the symptoms occur, to renew every 10 days when necessary (3 times a month)

DAY 1

Phosphoricum acidum 5 CH • 1 dose



DAY 2

Phosphoricum acidum 9 CH • 1 dose



DAY 3

Phosphoricum acidum 15 CH • 1 dose



DAY 4

Phosphoricum acidum 30 CH • 1 dose

MUCOSITIS

Aphthae treatment

Borax 5 CH
• 3 pellets 3 times a day

Prevention and treatment of mucositis

Kalium bichromicum 9 CH
• 3 pellets 3 times a day
+

Mercurius corrosivus 9 CH
• 3 pellets 3 times a day

Other symptoms, see: <https://www.shisso-info/en/recommendation>

If therapeutic results are insufficient, a homeopathic consultation is recommended.


1. Kassab S, Cummings M, Berkovitz S, et al. Homeopathic medicines for adverse effects of cancer treatments. *Cochrane Database Syst Rev.* 2009 Apr 15;(2).
2. Frass M, Friehs H, Thallinger C, et al. Influence of adjunctive classical homeopathy on global health status and subjective wellbeing in cancer patients - A pragmatic randomized controlled trial. *Complement Ther Med.* 2015 Jun; 23(3):309-17.
3. Bagot JL, Karp JC, Messerschmitt C, et al. Therapeutic recommendations of the International Homeopathic Society of Supportive Care in Oncology «(IHSSCO) revhom 2017;8:e47-e55



SUPPORTIVE CARE CHEMOTHERAPY PROTOCOL



Example of a prescription

<p>Doctor's Name Specialist In</p>	
<p>Name: _____ Age: _____ Gender: _____ Date: _____</p>	
<p>NUX VOMICA 5 CH 3 pellets 3 times a day in case of nausea. For persistent nausea, change for: IPECA 9 CH 3 pellets 3 times a day and COLCHICUM 9 CH 3 pellets 3 times a day if nausea is triggered by smell</p> <p>KALIUM BICHROMICUM 9 CH and MERCURIUS CORROSIVUS 9 CH 3 pellets of each 3 times a day to leave to melt in the mouth or diluted in a glass of water (or a bottle of water after shaking the mixture well, one mouthful 3 to 5 times a day) until the mucositis has improved (inflammation of the mouth)</p> <p>PHOSPHORICUM ACIDUM 5 CH - 1 dose on the 1st day PHOSPHORICUM ACIDUM 9 CH - 1 dose on the 2nd day PHOSPHORICUM ACIDUM 15 CH - 1 dose on the 3rd day PHOSPHORICUM ACIDUM 30 CH - 1 dose on the 4th day A 4 day treatment, to start as soon as the symptoms of fatigue occur, to renew every 10 days when necessary (3 times a month)</p> <p>The pellets must be left to melt in the mouth between meals.</p> <p>Prescription for a month, to be renewed twice</p>	
<p>Signature: _____</p>	<p>Hospital Name Address Line, Street Name, Country, Pin Code.</p>



Digital version available at www.shisso-info/en/recommendation